



# Armed Force Security COVID-19 Response

MAINTAINING A SAFE AND HEALTHY  
ENVIRONMENT FOR OUR EMPLOYEES  
AND CLIENTS.

# Facts About COVID-19

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## Fact 1 :

Diseases can make anyone sick regardless of their race or ethnicity.

## Fact 2 :

Some people are at increased risk of getting COVID-19.

## Fact 3 :

Someone who has completed quarantine or has been released from isolation does not pose a risk of infection to others.

## Fact 4 :

You can stop the spread of COVID-19 by knowing the sign and symptoms

## Fact 5 :

There are simple things you can do to help keep yourself and other healthy.

- 1) Wash your hands with soap + water for at least 20 seconds
- 2) Avoid touching your eyes, nose, and mouth with unwashed hands
- 3) Stay home when you are sick.
- 4) Cover your cough or sneeze with a tissue, then throw it in the trash.

# Symptoms of COVID-19

## Main Symptoms Include:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

**COVID 19**  
CORONAVIRUS  
DISEASE

**SYMPTOMS OF CORONAVIRUS DISEASE 2019**

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms\* can include

- FEVER** (Illustration of a person with a fever)
- COUGH** (Illustration of a person coughing)
- SHORTNESS OF BREATH** (Illustration of a person with difficulty breathing)

\*Symptoms may appear 2-14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

**CDC**

For more information: [www.cdc.gov/COVID19-symptoms](https://www.cdc.gov/COVID19-symptoms)

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# Understanding How COVID-19 Spreads

## Person-to-person Spread:

- Between people who are in close contact with one another (about 6 feet)
- Through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or inhaled into the lungs.
- COVID-19 may be spread by people without symptoms.

## Contaminated surfaces or objects:

- Touching a surface or object that has the virus on it and then touching the mouth, nose, or eyes.



# Protecting CCSP Employees

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CCSP has developed COVID-19 Jobsite Protocols to prevent the spread of the virus and to protect employees and their families.

## **The protocols are based on recommendations by the:**

- Centers for Disease Control (CDC)
- Occupational Safety and Health Administration (OSHA)
- World Health Organization (WHO)
- Environmental Protection Agency (EPA)
- And Local Health Organizations)

## **Trusted websites for employees to refer to for up-to-date information:**

- [www.coronavirus.gov](http://www.coronavirus.gov)
- [www.cdc.gov/coronavirus/2019-ncov/index/html](http://www.cdc.gov/coronavirus/2019-ncov/index/html)
- [www.cisa.gov](http://www.cisa.gov)
- [www.covid19.ca.gov](http://www.covid19.ca.gov)
- [www.osha.gov/SLT/covid-19/standards.html](http://www.osha.gov/SLT/covid-19/standards.html)
- [www.dir.ca.gov/dosh/coronavirus](http://www.dir.ca.gov/dosh/coronavirus)

# PPE Recommendations

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Hand Sanitizer



Alcohol-based (at least 60%) for use when proper handwashing facilities are not available.

Cloth Masks



All employees must wear a cloth face cover or mask to protect other people in case you are infected. The cloth face cover is NOT a substitute for social distancing.

Disposable Gloves

or

Rubber Coated Gloves



For use when some dexterity will be required. Rubber coated gloves must be disinfected before each reuse.

# Feeling Sick?

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The best option is to STAY HOME if you have any symptoms and notify your supervisor

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell



# Employee Contact

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CALL



Israel: 510-299-7530

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EMAIL



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